

18-Year-Old Child Development Milestones

Physical Development

Emotional Development

Social Development

Cognitive Development

Physical Development

- Growth has slowed or ended completely
- Not so preoccupied with body changes
- Reached Sexual Maturity

THE NORTHERN DAD!



Even though your child has turned 18, it doesn't mean your parenting work is over. It's time to mentor and guide.

Emotional Development

- More at ease seeking adult advice
- Acceptance of adult responsibility
- Able to control emotions in a more socially acceptable manner

Social Development

- Ability to evaluate their own opinions instead of going along with others
- Intimate relationships become important
- Accepts adult responsibility within a social environment

Cognitive Development

- Planning for the future
- Long term goal setting
- Ability to make their own plans and schedules